

Twenty20 Community Cricket

WEATHER SAFETY POLICY

Twenty20 Community Cricket Ltd, "The Company", understands the impact that different weather conditions can have on the health and wellbeing of those being coached. As well as the management being mindful of the likely weather and light when scheduling sessions, coaches are expected to react to the conditions that they find at a particular session. Whilst unusual, coaches are reminded to consider the conditions for indoor sessions where light, heat or cold may need to be addressed.

Cold Weather

Coaches shall ensure that all attendees have suitable clothing before being left by their parents / guardians and shall be watchful during session for those who are struggling with the cold.

Wet Weather

Wet weather should be considered from at least two points of view: under foot conditions and making trainees cold. The underfoot conditions should be considered with respect to the players involved and the activities that are being undertaken. In terms of getting wet; steady light rain on a warm day when the trainees are very active is probably not an issue, however even modest rain on a cold day maybe too much.

Sun / Hot Weather

Taking part, or watching, outdoor summer sports can mean that young skin is subjected to 'prolonged sun exposure' which can result in sunburn, even on a cloudy day. Figures from Cancer Research UK show that the incidence of melanoma in the UK is now five times higher than it was in the 1970s; more than 13,000 people develop melanoma each year, compared with around 1,800 in the mid-1970s. The Skin Cancer Foundation estimates that 80% of lifetime sun exposure occurs during childhood and that just one blistering sunburn can double the risk of getting melanoma later in life.

The Company, like the ECB, Supports the Outdoor Kids Sun Safety Code Devised and funded by the Myfanwy Townsend Melanoma Research Fund, and launched in May 2014.

The guidance includes making sure that coaches and others set an example and are seen to take steps to protect themselves, and that they encourage children to:

- Wear a hat
- Put on sun cream (factor 30 or above)
- Cover up
- Take on fluids regularly.

Further information is available at: www.oksunsafetycode.com